

Basic Life Support (CPR) Course



This three hour course is designed to give participants the skills and confidence to help a patient who has stopped breathing. The course largely comprises practical scenario work which is both instructor and peer assessed.

Course Overview

- Scene assessment
- Safety and barriers
- CPR - adult / child / infant
- Choking procedures - adult / child infant – conscious and unconscious
- Heart attack signs and symptoms



Each participant is provided with a CPR leaflet (8 pages) which serves as an up-to-date quick-reference guide for CPR procedures.

NZQA Unit Standard associated with this course

6402 - Provide resuscitation level 2 (level 1, 1 credit)



Course Fee \$55 (\$45 if paid 5 days before the course date)



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