

# Workplace Recertification First Aid Course



This OSH recognised and NZQA accredited Workplace Recertification course is designed to revalidate the Comprehensive Workplace First Aid Certificate. The course includes practical scenario work to ensure participants update and refresh their first aid knowledge and practical skills in all major areas. Participants are both instructor and peer assessed throughout this course.

## Course Overview

- Overview of regulations related to incidents in the workplace
- Scene assessment and management
- Safety and barriers
- CPR – adult / child / infant
- Choking – adult / child / infant – conscious and unconscious
- Wounds, bleeding and shock
- Head, neck and spinal injuries
- Burns
- Updates on poisoning, sprains, fractures, allergies etc

Each participant is provided with a basic First Aid Manual (38 pages) that serves as an updated quick-reference guide to first aid emergencies and contains relevant information and practical tips on the various topics covered during the course.

## Course duration

To meet NZQA requirements our Comprehensive Workplace First Aid course is now a minimum of 6 hours long, made up of 4 hours class time and 2 hours self-directed learning and written assessment.

## Self-directed Learning and Assessment

Self-directed learning and assessment materials will be issued at the time of booking.

## Eligibility

To be eligible for the Recertification course we need to verify the participant's previous Workplace or Recertification First Aid certificate that is no older than 2 years and 3 months. The certificate must show that the participant completed NZQA Unit Standards 6400, 6401 and 6402. We need to take a copy of the previous First Aid certificate for verification.

## NZQA Unit Standards associated with this course

6400 - Manage first aid in emergency situations (level 3, 2 credits)

6401 - Provide first aid (level 2, 1 credit)

6402 - Provide resuscitation level 2 (level 1, 1 credit)

**Course Fee** \$110 (\$95 if paid 5 days before the course date)

